

Enroll Now Preschool - 12th Grade | [Learn how to enroll in GPS \(https://gilbertschools.net/enroll\)](https://gilbertschools.net/enroll).
| [Kindergarten Enrollment \(https://www.gilbertschools.net/teaching-learning/kindergarten\)](https://www.gilbertschools.net/teaching-learning/kindergarten). |
[Preschool Enrollment \(https://www.gilbertschools.net/preschool\)](https://www.gilbertschools.net/preschool)

Wellness Resources

Take Immediate Action

Dial 988 (<https://afsp.org/>)

Dial 988 National Suicide Prevention Lifeline - 988 provides a connection to support for anyone experiencing a mental health-related crisis. It can be utilized for suicidal ideation, mental health crisis, substance-use crisis, or any other kind of emotional distress.

1-800-662-HELP (4357) SAMHSA's National Helpline

1-800-662-HELP (4357) SAMHSA's National Helpline | Call for 24/7, free, and confidential information for individuals and family members facing substance abuse and mental health issues.

Online Treatment Locator (<https://findtreatment.samhsa.gov/>)

Online Treatment Locator: Find quality treatment options close to home using the Substance Abuse and Mental Health Service Administration's (SAMHSA) confidential and anonymous online treatment locator.

Social & Emotional Resources for College-

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English

Bound Students

MIND, BODY AND
SPORT -
UNDERSTANDING
AND
SUPPORTING
STUDENT-
ATHLETE
MENTAL
WELLNESS (PDF)

([HTTP://WWW.NCAAPUBLICATIONS.COM/PRODUCTDOWNLOADS/MINDE](http://www.ncaapublications.com/productdownloads/minde)

Suicide & Depression Prevention, Awareness, & Resources

Trevor Project (<https://www.thetrevorproject.org/>)

1-866-488-7386 | National organization providing crisis intervention and suicide prevention services to LGBTQ young people under 25.

The Jem Foundation (<https://thejemfoundation.com/>)

Suicide prevention and support, supporting positive changes to mental health care, and providing individual and family support to help remove the stigma that surrounds mental illness.

Teen Lifeline (<https://teenlifeline.org/>)

602-248-8336 | To prevent teen suicide in Arizona through enhancing resiliency in youth and fostering supportive communities.

Southwest Behavioral & Health Services (<http://www.sbhservices.org/>)

1-480-695-8198 | Comprehensive behavioral health services to youth and their families in school and community settings.
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English

Signs of Suicide – Junior High & High School Resources

(<https://sossignsofsuicide.org/user/login?destination=>)

LOAD MORE

SELF-CARE DURING THE COVID-19 CRISIS- RESOURCES FROM THE ARIZONA ACES CONSORTIUM
([HTTPS://AZACES.ORG/COVID-19-RESOURCES/](https://azaces.org/covid-19-resources/))

[!\[\]\(cbe2492b119e39e02a1dab2af4a4b296_img.jpg\)](#) McKinney -Vento Homeless Assistance Information
(<https://www.gilbertschools.net/families/support-prevention-resources#mckinneyvento>)

Gilbert Community Wellness Resources

Gilbert Community Wellness Resources

(<https://resources.finalsite.net/images/v1761930865/gilbertschoolsnet/lcoohcqms2ns>)

This guide is a brief listing of some of the providers available in and near Gilbert which is intended to connect residents with community assets, provide information about resources to improve quality of life, and offer access to information for residents who need services (<https://www.gilbertaz.gov/residents/community-resources>). You are encouraged to research and determine the best provider for your family. Gilbert Public Schools accepts no liability for the content of these resources or the consequences of any actions taken based on the information provided. Other resources may be available at Maricopa County Health & Social Services (<https://www.maricopa.gov/>) and Find Help Phoenix (<https://www.findhelpphx.org/>).

Note: It's our goal to provide current and accurate information; however, businesses may have changed locations or contact information. Gilbert Public Schools does not endorse any provider nor evaluate the quality of service provided

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English

Read More

(<https://resources.finalsite.net/images/v1761930865/gilbertschoolsnet/lcoohcqms2nsyehao1zo/Humar>)

Food Assistance Resources and Contact Information

(<https://resources.finalsite.net/images/v1761931059/gilbertschoolsnet/mpgz1erxeycji>)

Read more for Food Assistance Resources and Contact Information.

Read More

(<https://resources.finalsite.net/images/v1761931059/gilbertschoolsnet/mpgz1erxeycji5cyitxd/FoodAssi>)

Signs of Suicide Program (SOS) (<https://sossignsofsuicide.org/user/login?destination=>)

As part of our commitment to prevention education, Gilbert Public Schools offers depression awareness and suicide prevention training as part of the SOS (Signs of Suicide) Prevention Program.

The program has proven to be successful at increasing help-seeking by students concerned about themselves or a friend and is the only school-based suicide prevention program listed by the Substance Abuse and Mental Health Services Administration as an evidence-based program. It helps students and adults demystify the confusion around what constitutes normal development and what may be a potentially serious issue.

All of our campus Behavioral Health Team professionals (school social workers, psychologists, nurses, and counselors) in the district will support the facilitation of the curriculum.

Please review the resources listed below to learn more about the SOS program at each level. The elementary school presentation is provided for your information, and the link for the junior high and high school programs is listed below with the login information. The link will allow you to access valuable information about the presentations, as well as resources on the warning signs of suicide, anxiety, depression, and tips on how to talk to your children about mental health.

Read More (<https://sossignsofsuicide.org/user/login?destination=>)

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English

GPS Student Support & Prevention: School Social Worker & Mental Health Counselor Directory

Keyword

Location

All Locations 

SEARCH DIRECTORY

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English

Susan Cadena

DISTRICT K-12 PREVENTION
COORDINATOR

Ashley Fortune

PARENT UNIVERSITY
COORDINATOR

Parent University Website
(<https://www.gilbertschools.net/families/parent-university>).

Allee Klingensmith

DISTRICT HOMELESS EDUCATION
LIAISON

Work: [480-545-2193](tel:480-545-2193) (tel:480-545-2193).

Erin Arner

SOCIAL WORKER

Finley Farms Elementary

School: [480-507-1624](tel:480-507-1624) ext. 1305
(tel:480-507-1624,1305).

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([HTTPS://SITES.GOOGLE.COM/GILBERTSCHOOLS.NET/FFESOCIALWORKARNER/HOME](https://sites.google.com/gilbertschools.net/ffesocialworkarner/home))

Jim Baker

MENTAL HEALTH COUNSELOR

Campo Verde High School

School: [480-545-3100](tel:480-545-3100) ext. 2118
(tel:480-545-3100,2118).

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Sarah Bogle

SOCIAL WORKER

Canyon Rim Elementary

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English

Karina Brungardt

SOCIAL WORKER

Quartz Hill Elementary

School: 480-855-5732 ext. 1110
(tel:480-855-5732,1110).

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Beverly Buck

SOCIAL WORKER

Neely Traditional Academy

School: 480-892-2805 ext. 1127
(tel:480-892-2805,1127).

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Kelli Colvin

SCHOOL COUNSELOR, MENTAL
HEALTH COUNSELOR

Global Academy

School: 480-507-1476 ext. 7619
(tel:480-507-1476,7619).

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Tiffany Delbridge

SOCIAL WORKER

Augusta Ranch Elementary

School: 480-635-2011 ext. 1101
(tel:480-635-2011,1101).

Christine Desherlia

MENTAL HEALTH COUNSELOR

Canyon Valley

Helen Dippre

SOCIAL WORKER

Settlers Point Elementary

School: 480-507-1481 ext. 1305
(tel:480-507-1481,1305).

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English

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Paige Falkengren

SOCIAL WORKER

Playa del Rey Elementary

Ashley Farr

SOCIAL WORKER

South Valley Jr High

School: [480-855-0015](tel:480-855-0015) ext. 1125
(<tel:480-855-0015>,1125).

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Michelle Fontaine Ybarra

SOCIAL WORKER

Carol Rae Elementary

School: [480-507-1359](tel:480-507-1359) ext. 1354
(<tel:480-507-1359>,1354).

Arturo Garcia

SOCIAL WORKER

Burk Elementary

Crystal Garcia

SOCIAL WORKER

Towne Meadows Elementary

School: [480-854-1545](tel:480-854-1545) ext. 1304
(<tel:480-854-1545>,1304).

Alexis Guerrero

SOCIAL WORKER

Sonoma Ranch Elementary

School: [480-497-9343](tel:480-497-9343) ext. 1306
(<tel:480-497-9343>,1306).

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Shawnda Harmsen

MENTAL HEALTH COUNSELOR

Gilbert High School

School: 480-641-6413 ext. 1407

(tel:480-641-6413,1407).

Website Coming Soon

Kali Hickman

MENTAL HEALTH COUNSELOR

Highland High School

School: 480-813-0051 ext. 2221

(tel:480-813-0051,2221).

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Carrie Ienco

SOCIAL WORKER

Superstition Springs Elementary

School: 480-892-7810 ext. 1406

(tel:480-892-7810,1406).

Hailey James

SOCIAL WORKER

Mesquite Jr High

School: 480-926-1433 ext. 2511

(tel:480-926-1433,2511).

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Courtney Kahn

SOCIAL WORKER

Desert Ridge Jr High

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Scarlet Khodi

SOCIAL WORKER

Harris Elementary



English

School: 480-635-2025 ext. 1601
 (tel:480-635-2025,1601).

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School: 480-545-7060 ext. 1138
 (tel:480-545-7060,1138).

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Kelly Linskey

SOCIAL WORKER

Gilbert Elementary

School: 480-892-8624 ext. 1322
 (tel:480-892-8624,1322).

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Website

(https://sites.google.com/d/1mfD1dQc1OCeSeLTPFTpdmzvgK9lSis9Y/p/1pD6Ud5HB1qa_hRKfFySAEHhCBHjEdkOg/edit).

Mara McClanahan

SOCIAL WORKER

Ashland Ranch Elementary

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Amber McCormies

SOCIAL WORKER

Val Vista Elementary

School: 480-926-6301 ext. 1327
 (tel:480-926-6301,1327).

Christa McKirchy

SOCIAL WORKER

Islands Elementary

School: 480-497-0742 ext. 1141
 (tel:480-497-0742,1141).

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Karina Nyberg

SOCIAL WORKER

Mesquite Elementary

School: [480-813-1240](tel:480-813-1240) ext. 1119
(<tel:480-813-1240>,1119).

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Valerie Perez

SOCIAL WORKER

Highland Park Elementary

Haley Ramirez

MENTAL HEALTH COUNSELOR

Gilbert Classical Academy

Heather Rennells Alfrey

SOCIAL WORKER

Patterson Elementary

School: [480-892-2803](tel:480-892-2803) ext. 1130
(<tel:480-892-2803>,1130).

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Angela Saunders

SOCIAL WORKER

Spectrum Elementary

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Sheryl Soto

SOCIAL WORKER

Val Vista Elementary



English

School: 480-917-0117 ext. 1242
(tel:480-917-0117,1242).

School: 480-926-6301 ext. 1335
(tel:480-926-6301,1335).

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Angel Tadytin

SOCIAL WORKER

Meridian Elementary

School: 480-892-2022 ext. 1206
(tel:480-892-2022,1206).

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Lizette Trejo

SOCIAL WORKER

Oak Tree Elementary

Karey Trusler

SOCIAL WORKER

Boulder Creek Elementary

School: 480-507-1404 ext. 1101
(tel:480-507-1404,1101).

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Madaleine Witten

SOCIAL WORKER

Greenfield Jr High

School: 480-813-1770 ext. 1410
(tel:480-813-1770,1410).

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Melissa Woodward

SOCIAL WORKER

Lisa Yocum



English

SOCIAL WORKER

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Greenfield Elementary

Highland Jr High

School: 480-632-4739 ext. 2344

(tel:480-632-4739,2344).

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English